AMENDMENT TO THE CLAIMS

- 1. (Currently Amended) A method for intermittently accessing and retrieving data contained in a business data database, comprising the steps of:
 - A) receiving an indication to begin accessing records in the business data database;
 - B) providing a user with access to a plurality of predefined pause rates;
 - C) receiving a user input that selects one of the plurality of predefined pause rates for accessing data in the business data database;
 - D) setting a period of time to pause between accessing an entry in the business data database and accessing a next entry in the business data database based upon the predefined pause rate selected by the user;
 - E) accessing a plurality of entries in the business data database, wherein accessing the plurality of entries comprises:
 - E-1) marking in the index a first time stamp indicating when the first entry in the business data database was accessed;
 - F) reading an entry in the business data database that includes business data;
 - G) indexing at least a portion of the business data by storing an index entry in an index on a computer readable medium;
 - H) pausing for the period of time;
 - I) after pausing for the period of time, advancing to a next entry in the business data database; and
 - J) repeating steps F-I for each of the plurality of entries in the business data database, wherein the method further comprises:

upon reaching a last entry in the business data database, returning to the first entry in the business data database and repeating steps F-J;

marking in the index a second time stamp indicating when the first entry in the business data database was accessed for a second time, and when the business data database is accessed for a third or subsequent time, further comprising the steps of:

replacing the first time stamp in the indexes with the time

stamp contained in the second time stamp; and marking in the second time stamp a time stamp indicating when the first entry in the business data database was accessed for a third or subsequent time.

2. (Cancelled)

- _3. (Previously Presented) The method of claim 1 wherein receiving the user input comprises receiving an indication of a desired pause between finishing accessing the entry and advancing to the next entry in the business data database.
- 4. (Previously Presented) The method of claim 1 further comprising the steps of: detecting a current load on the business data database; and adjusting the predefined pause rate selected by the user for accessing data in the business data database based on the detected load.
- 5. (Previously Presented) The method of claim 4 further comprising the steps of:

 decreasing the predefined pause rate selected by the user for accessing data if the current load is above a first threshold level; and returning to the predefined pause rate selected by the user when the load drops below the first threshold level.
- 6. (Previously Presented) The method of claim 4 further comprising the steps of:
 increasing the predefined pause rate selected by the user for accessing data in the business
 data database when the current load is below a second threshold level; and
 returning to the predefined pause rate selected by the user when the load exceeds the
 second threshold level.
- 7. (Original) The method of claim 1 further comprising, creating a key in the index for the entry

in the business data database, wherein the key corresponds to an identifier for the entry in the business data database.

- 8. (Original) The method of claim 7 wherein the step of indexing copies the at least a portion of the entry in the business data database to the key in the index.
- 9. (Original) The method of claim 8 wherein the step of indexing copies to the key a time stamp indicating a date the entry was last modified in the business data database.

10-13. (Cancelled)

14. (Currently Amended) The method of claim 121 further comprising the steps of:

prior to indexing the entry, comparing the time stamp of the entry with the first time stamp;

if the time stamp of the entry is earlier than the first time stamp, then performing step I; if the time stamp of the entry is later than the first time stamp, then performing step G .

- 15. (Original) The method of claim 1 further comprising the steps of:
 - receiving an indication form a user indicating the portions of the entry to be copied to the index; and

indexing that portion of each entry to the index.

- 16. (Original) The method of claim 15 further wherein indexing comprises: replacing the entry in the index with the business data in the business data database.
- 17. (Original) The method of claim 1 further comprising the steps of:

 receiving an indication from a user to stop accessing entries in the business data database;

 and

 stopping the accessing of entries in response to the received stop indication.

- 18. (Original) The method of claim 1 further comprising the steps of:
 receiving an indication from a user to display the progress of the method; and
 displaying to the user the progress of the method through the business data database.
- 19. (Currently Amended) A computer readable medium containing computer executable instructions that, when executed, cause a computer to perform the steps of:
 - A) receiving an indication to start accessing records in a business data database that includes business data having a plurality of fields;
 - B) presenting to a user an interface, wherein the user utilizes the interface to provide an indication of a portion of the plurality of fields to be indexed for each of the entries in the business data database;
 - C) receiving an indication from the user, using the interface, indicating a user-desired pause rate for accessing entries in the business data database, wherein receiving an indication from the user comprises:

providing the user with access to a plurality of predefined pause rates; and receiving a user input that selects one of the plurality of predefined pause rates for accessing data in the business data database;

- D) setting a period of time to pause between accessing entries in the business data database based upon the indicated user-desired pause rate, wherein setting the period of time to pause comprises setting a period of time to pause between accessing an entry in the business data database and accessing a next entry in the business data database based upon the predefined pause rate selected by the user;
- D-1) accessing the entries in the business data database, wherein accessing the entries comprises:
 - E) indexing the indicated portion of the plurality of fields for a first entry in the business data database by storing a first index entry on a computer readable medium;
 - F) detecting a current load on the business data database;

- G) calculating an adjusted pause rate as a function of the user-desired pause rate and the current load detected on the business data database;
- H) setting the period of time to pause between entries in the business data database based upon the adjusted pause rate;
- I) pausing for the period of time;
- J) after pausing for the period of time, advancing to a next entry in the business data database;
- K) indexing the indicated portion of the next entry in the business data database by storing a next index entry on the computer readable medium; and
- F) repeating instructions F through K.

20-21. (Cancelled)

22. (Previously Presented) The computer readable medium of claim 19 wherein step H comprises:

decreasing the period of time to pause between accessing entries if the current load is above a first threshold level; and

returning to the user-desired pause rate indicated in step C when the load drops below the first threshold level.

23. (Previously Presented) The computer readable medium of claim 19 wherein step H comprises:

increasing the period of time to pause between accessing entries in the business data database when the current load is below a second threshold level; and

returning to the user-desired pause rate indicated in step C when the load exceeds the second threshold level.

24. (Previously Presented) The computer readable medium of claim 19 wherein upon reaching a last entry in the business data database, further comprising instructions to perform the steps of:

returning to the first entry in the business data database and repeating steps B-K.

25. (Original) The computer readable medium of claim 19 further comprising instructions to perform the steps of:

marking in the index a time stamp indicating when the first entry in the business data database was accessed.

26. (Original) The computer readable medium of claim 25 further comprising instructions to perform the steps of:

marking in the index a second time stamp indicating when the first entry in the business data database was accessed for a second time.

27. (Original) The computer readable medium of claim 26 wherein when the business data database is accessed for a third or subsequent time, further comprising instructions to perform the steps of:

replacing the first time stamp in the indexes with the time stamp contained in the second time stamp; and

marking in the second time stamp a time stamp indicating when the first entry in the business data database was accessed for a third or subsequent time.

28. (Previously Presented) The computer readable medium of claim 27 further comprising instructions to perform the steps of:

prior to indexing a current entry, comparing a time stamp for the entry with the first time stamp;

if the time stamp of the entry is earlier than the first time stamp, then performing step I; if the time stamp of the entry is later than the first time stamp, then performing step E.